

SONOANATOMY XVIII

12 & 13 FEBRUARY 2026

ANATOMY LAB OF THE UNIVERSITY OF BARCELONA-BELLVITGE

REGISTRATION + FURTHER INFORMATION: sonoanatomybcn@gmail.com

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FOR RHEUMATOLOGY



SONO-LANDMARKS IN MUSCULOSKELETAL ULTRASOUND

The necessary ultrasound and superficial anatomic landmarks for orientation and localization of musculoskeletal structures to enhance your ultrasound imaging skills in the spine and extremities.

An innovative teaching experience based mainly on workshops and small group interaction with a tutor.

Ultrasound learning approach derived from the experiences of more than 15 years of sonoanatomical and interventional teaching at the University of Barcelona with the support of the EULAR faculty and a multidisciplinary group of experts.



PROGRAM

WORKSHOPS

ON CADAVER SPECIMENS AND MODELS

THURSDAY 12 FEBRUARY 2026

8H – 18H

The Spine- not just a bony profile

Standardized landmark-based techniques for the ultrasound imaging of spinal muscles and ligaments relevant to clinical practice

- . The standardized anatomy of the spinal muscles and ligaments.

- . The fasciae, cervical spine muscles, and ligaments.

The standardized Landmark-based technique for the ultrasound imaging of:

- . The dorsal spine muscles and ligaments.

- . The lumbar spine muscles and ligaments.

- . The standardized ultrasound study of the spinal fasciae.

- . The spinal muscles, ligaments, joints, and accessible nerves:

ultrasound-guided interventions.



WORKSHOPS FROM 8H UNTIL 18H

LUNCH BREAK 12H - 13H / 13H - 14H



FRIDAY 13 FEBRUARY 2026

8H30 – 18H

***The Extremities: so many structures,
so little time***

Standardized landmark-based
techniques for the imaging of
complex anatomic structures

- . Ultrasound landmarks that elicit the clinically relevant structures hidden within the shoulder.
- . Landmark approach to the ultrasound evaluation of elbow structure and function.
- . The ultrasound landmarks of the hand and wrist.
- . Clarifying the ultrasound landmarks of the structures of the hip and knee.
- . The ultrasound landmarks that demystify the imaging of the ankle and foot.
- . Landmark-based ultrasound-guided intervention of the upper and lower extremities.

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This course has been scientifically endorsed by EULAR